



# February 2012

COOK COUNTY SCHOOL DISTRICT 130  
Kerr, Veterans Memorial, Nathan Hale Middle



Preferred Meal Systems, Inc.  
preferredmealsystems.com

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CREAMY CHICKEN PASTA  CHEESE PIZZA DIPPERS Marinara Dipping Sauce GRILLED CHICKEN FILLET(Hamburger Bun) Mixed Greens Salad Fresh Pear Soft Breadstick	2 GREEK GYROS Pita Bread FRENCH BREAD CHEESE PIZZA ITALIAN CHICKEN PARMESAN(Hamburger Bun) Hash Browns Apple-Cranberry Juice Cheddar Goldfish Crackers	3 CHEESEBURGER LUNCH MUNCHIE SICILLIAN STYLE CHEESE PIZZA HOT DOG Hot Dog Bun Potato Rounds Fresh Orange Multigrain Sun Chips
6 PIZZA BURGER  CHEESE PIZZA DIPPERS Marinara Dipping Sauce CRISPY CHICKEN FILLET (WHOLE GRAIN) Bun Maple Baked Beans Pineapple Cup PopCorners	7 POPCORN CHICKEN  CHEESE PIZZA WEDGE  CHEESEBURGER Hamburger Bun Hash Brown Potatoes Grape Juice Goldfish Crackers	8 SPAGHETTI W/ MEAT SAUCE SICILLIAN STYLE CHEESE PIZZA GRILLED CHICKEN FILLET(Hamburger Bun) Mixed Greens Salad Fresh Orange Soft Breadstick	9 TERIYAKI GLAZED CHICKEN W/FRIED RICE FRENCH BREAD PEPPERONI PIZZA KICKIN CHICKEN Hamburger Bun Glazed Carrots Fresh Apple Vanilla Cookie	10 WHOLE GRAIN CHILI & CHEESE QUESADILLA BEEF SAUSAGE PIZZA WEDGE RIB-B-QUE Hamburger Bun Potato Rounds Diced Pear Cup Multigrain Sun Chips
13 <b>Lincoln's Birthday Observed NO SCHOOL</b>	14 CHICKEN TENDERS (Whole Grain) PEPPERONI PIZZA WEDGE HAMBURGER Hamburger Bun Hash Browns Peach Cup Valentine's Day Cookie	15 PENNE PASTA W/MEAT SAUCE CHEESE PIZZA DIPPERS Marinara Dipping Sauce GRILLED CHICKEN FILLET(Hamburger Bun) Broccoli Apple-Cranberry Juice Garlic Bread	16 MEATBALLS W/ TOMATO SAUCE (Hot Dog Bun) FRENCH BREAD CHEESE PIZZA ITALIAN CHICKEN PARMESAN(Hamburger Bun) Cut Green Beans Fresh Pear Honey Wheat Pretzels	17 BEAN & CHEESE BURRITO SICILLIAN STYLE CHEESE PIZZA HOT DOG Hot Dog Bun Potato Rounds Fresh Banana Fritos
20 HOMESTYLE SALISBURY STEAK SANDWICH W/GRAVY CHEESE PIZZA DIPPERS Marinara Dipping Sauce CRISPY CHICKEN FILLET (WHOLE GRAIN) Bun Mashed Potatoes Diced Pear Cup Baked Doritos	21 CHICKEN NUGGETS (WHOLE GRAIN) BEEF SAUSAGE PIZZA WEDGE CHEESEBURGER Hamburger Bun Potato Wedges Grape Juice Snickerdoodle Cookie	22 MACARONI & CHEESE (WHOLE GRAIN) SICILLIAN STYLE CHEESE PIZZA GRILLED CHICKEN FILLET(Hamburger Bun) Garden Green Peas Fresh Banana Garlic Bread	23 TURKEY TACO MEAT  FRENCH BREAD PEPPERONI PIZZA KICKIN CHICKEN Hamburger Bun Fresh Baby Carrots Shredded Lettuce Tortilla Rounds (Whole Grain)	24 TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD CHEESE PIZZA WEDGE  RIB-B-QUE Hamburger Bun Potato Rounds Fresh Orange Oatmeal Cookie
27 BAGEL DOG  SICILLIAN STYLE CHEESE PIZZA KICKIN CHICKEN Hamburger Bun Mixed Vegetables Blended Fruit Juice Lemon Cookie	28 CHICKEN DIPPERS (whole grain)W/TOMATO PARMESANSAUCE PEPPERONI PIZZA WEDGE HAMBURGER Hamburger Bun French Fries Bonzi Blueberry Applesauce (All Natural) Baked Cheetos	29 CREAMY CHICKEN PASTA  CHEESE PIZZA DIPPERS Marinara Dipping Sauce GRILLED CHICKEN FILLET(Hamburger Bun) Mixed Greens Salad Fresh Pear Soft Breadstick		

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

\*\*\*MENU SUBJECT TO CHANGE.